

3)
4)

Ann. I

Annexure- "I"

Maharashtra University of Health Sciences, Nashik
Physiotherapy Faculty
Information of Subject-wise Intake as per College & University Recognition,
Permitted
Seat-Matrix Chart Academic Year 2025 - 2026

Name of College : Physiotherapy School & Center, TNMC & BYL Nair Ch. Hospital, Mumbai.

UG Degree/PG Degree	Intake as per University /Council	
	Degree	Degree
UG Degree (B.P.Th. /BPT)	10	10
PG Degree	Intake as per University /Council	Max. Seats Permitted by MUHS as per Teacher: Student Ratio
Musculoskeletal Physiotherapy	6	6
Neurophysiotherapy	NA	NA
Community Physiotherapy	NA	NA
Cardiovascular & Respiratory Physiotherapy	4	4
Sports Physiotherapy	NA	NA

Any Other, Please Specify (Any Increase /reductions in Seats allotted by University) :

.....

C.V. Venna
PROFESSOR & HEAD
Physiotherapy School & Centre,
T.N.M.C. & B.Y.L. Nair Ch. Hospital,
Mumbai

Verified by The UGC Committee Members

[Signature]
DEAN,
G. N. M. College &
G. V. L. Nair Ch. Hospital

The below mentioned is Minimum Standard Requirement For UG

Space allotment	10 Intake	30 Intake	31 to 40 Intake	41 to 50 Intake	51 to 60 Intake	61 to 100 Intake	Actual available	Lacuna
Administrative office with storage space	300	300	300	400	400	500	500 Sq mtr	
Director/dean/principal /H.O.D.'s office	400	400	400	400	400	400	400 Sq mtr	
Professor's office	NA	300	300	600	600	750	120 Sq mtr	
Associate Professor's office	100	400	400	600	600	1000	100 Sq mtr	
Assistant Professor's office	225	525	525	600	600	1275	300 Sq mtr	
Conference room	300	300	300	300	500	500	300 Sq mtr	
Mini Auditorium	1500	1500	1500	1500	1500	1600	4000 Sq Mtr	
Anatomy	1200	1200	1200	1200	1500	1500		
Physiology	1200	1200	1200	1200	1500	1500		
Electrotherapy & Electrodiagnosis	1200	1200	1200	1200	1500	1500		
Kinesiology, Kinesiotherapy & Movement Sciences	1200	1200	1200	1200	1500	1500		
Clinical Skill Lab / Yoga Lab	1200	1200	1200	1200	1500	1500		
Therapeutic Gym	1200	1200	1200	1200	1500	1500		
Indoor-physiotherapy department	1200	1200	1200	1200	1200	1200		
Out-door physiotherapy department	5000	5000	5000	5000	6000	6000		
Recreational Area	600	600	1000	1200	1200	1200		
Library Space	300	600	900	1000	1200	2000		
Class Rooms (15 Sq Ft per student 1 class room for each year)	150 / Classroom	450 / Classroom	600 / Classroom	750 / Classroom	900 / Classroom	1500 / Classroom		
	600	1800	2400	3000	3600	6000		
Student Girls Common Rooms	600	500	800	1000	1000	1200		
Student Boys Common Rooms	250	250	250	400	400	600		
Final Year Departmental Area	1200	1200	1200	1500	1500	2000		
Total Available	19775	22075	23675	25900	29700	35225		

PROFESSOR & HEAD
 Physiotherapy School & Centre,
 T.N.M.C. & B.Y.L. Nair Ch. Hospital,
 Mumbai Central, Mumbai-400 008.

Verified by The LIC Committee Members

Dean/ Principal Stamp & Signature
DEAN,
 V. N. M. College &
 B. Y. L. Nair Ch. Hospital

Ann. III

Annexure-III

Maharashtra University of Health Sciences, Nashik
Physiotherapy Faculty
Trust Deed / Bylaws / Registration Certificate
Registration Certificate (Trust / Hospital (Bombay Nursing Act))

Name of College/Institute **PHYSIOTHERAPY SCHOOL & CENTER, TOPIWALA NATIONAL MEDICAL COLLEGE**

Name of Trust / Society	NA
Registration Certificate	Trust / Society :- Hospital (Bombay Nursing Act) :-
Name of the College / Institute (As per First Affiliation letter)	: PHYSIOTHERAPY SCHOOL & CENTER, TOPIWALA NATIONAL MEDICAL COLLEGE
Address	: 'N' Building, Ground floor, TN Medical College & BYL Nair Ch. Hospital, Dr. AL Nair Road, Mumbai Central, Mumbai-08
Email ID	: deantnmcmumbai@gmail.com , Pttmcm.muhs@gmail.com , tnmcpphysiotherapy@gmail.com
Telephone / Mobile No.(s)	: 02223027503
Website	: www.tnmcnair.edu.in
College Code	: 1103001

C.V. Verma

PROFESSOR & HEAD
Physiotherapy School & Centre,
T.N.M.C. & B.Y.L. Nair Ch. Hospital,
Mumbai Central, Mumbai-400 008.

Verified by The LIC Committee Members

[Signature]
Dean/ Principal Stamp & Signature
DEAN,
T. N. M. College &
B. Y. L. Nair Ch. Hospital

Maharashtra University of Health Sciences, Nashik
 Physiotherapy Faculty
 Inspection Committee Report for Academic Year 2025 - 2026

Annexure IV

Details of Library

Faculty Physiotherapy
 Name of College/Institute PHYSIOTHERAPY SCHOOL & CENTER, TOPIWALA NATIONAL MEDICAL
 COLLEGE

1	Total Books	41107 (Purchased) + 2406 (Donated)
2	Last year purchase	4 books 236 Journals a. National- 61 b. Internation- 175
3	Invoice & payment details	List Attached
4	List of Journal subscribed year	List Attached

C.V. Verma
PROFESSOR & HEAD
 Physiotherapy School & Centre,
 T.N.M.C. & B.Y.L. Nair Ch. Hospital,
 Mumbai Central, Mumbai-400 008.

[Signature]
 Dean/ Principal Stamp & Signature
DEAN,
 T. N. M. College &
 B. Y. L. Nair Ch. Hospital

Verified by The LIC Committee Members

Annex
Annex
V

Maharashtra University of Health Sciences, Nashik
Physiotherapy Faculty
Inspection Committee Report for Academic Year 2025- 2026

Clinical Material in Hospital

Name of College/Institute **PHYSIOTHERAPY SCHOOL & CENTER, TOPIWALA NATIONAL MEDICAL COLLEGE**

Name of the Parent /attached Hospital :- **BYL Nair Ch. Hospital**

Sr. No.	Particulars to be verified	Actual Available	Lacuna																																																																																											
a.	There must be a parent / attached Hospital with minimum beds as per the Intake Capacity Indoor & Outdoor Facility with Physiotherapy exposure in the broad specialty areas including Intensive care to provide practical experience to the student.: (Refer Sr. No. C for Beds as per Intake Capacity)	1632	Adequate																																																																																											
b.	The student to patient ratio should be minimum 1:5, the first part being student & second part patient.	1:10	Adequate																																																																																											
c.	The desirable breakup of beds shall be as follows : Student Patient Ratio (as per M.S.R., it must be 1:5) : 1:10	1:10	Adequate																																																																																											
	<table border="1"> <thead> <tr> <th>Sr.No.</th> <th>Specialty</th> <th>10 to 30 Intake</th> <th>31 to 40 Intake</th> <th>41 to 50 Intake</th> <th>51 to 60 Intake</th> <th>For 61 to 100 Intake</th> </tr> </thead> <tbody> <tr><td>01</td><td>General Medicine</td><td>30</td><td>40</td><td>50</td><td>60</td><td>100</td></tr> <tr><td>02</td><td>General Surgery</td><td>30</td><td>40</td><td>50</td><td>60</td><td>100</td></tr> <tr><td>03</td><td>Orthopedics</td><td>30</td><td>50</td><td>50</td><td>60</td><td>100</td></tr> <tr><td>04</td><td>Obst & Gynac</td><td>15</td><td>20</td><td>30</td><td>30</td><td>60</td></tr> <tr><td>05</td><td>Pediatrics</td><td>15</td><td>20</td><td>30</td><td>30</td><td>60</td></tr> <tr><td>06</td><td>Medical ICU</td><td>05</td><td>05</td><td>10</td><td>10</td><td>15</td></tr> <tr><td>07</td><td>Surgical ICU</td><td>05</td><td>05</td><td>10</td><td>10</td><td>15</td></tr> <tr><td>08</td><td>PICU + NICU</td><td>05</td><td>05</td><td>05</td><td>10</td><td>15</td></tr> <tr><td>09</td><td>ICCU + RICU</td><td>05</td><td>05</td><td>05</td><td>10</td><td>15</td></tr> <tr><td>10</td><td>Burns Unit / ICU</td><td>05</td><td>05</td><td>05</td><td>10</td><td>10</td></tr> <tr><td>11</td><td>Emergency</td><td>05</td><td>05</td><td>05</td><td>10</td><td>10</td></tr> <tr><td colspan="2" style="text-align: center;">Total</td><td>150</td><td>200</td><td>250</td><td>300</td><td>500</td></tr> </tbody> </table>	Sr.No.	Specialty	10 to 30 Intake	31 to 40 Intake	41 to 50 Intake	51 to 60 Intake	For 61 to 100 Intake	01	General Medicine	30	40	50	60	100	02	General Surgery	30	40	50	60	100	03	Orthopedics	30	50	50	60	100	04	Obst & Gynac	15	20	30	30	60	05	Pediatrics	15	20	30	30	60	06	Medical ICU	05	05	10	10	15	07	Surgical ICU	05	05	10	10	15	08	PICU + NICU	05	05	05	10	15	09	ICCU + RICU	05	05	05	10	15	10	Burns Unit / ICU	05	05	05	10	10	11	Emergency	05	05	05	10	10	Total		150	200	250	300	500		
Sr.No.	Specialty	10 to 30 Intake	31 to 40 Intake	41 to 50 Intake	51 to 60 Intake	For 61 to 100 Intake																																																																																								
01	General Medicine	30	40	50	60	100																																																																																								
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04	Obst & Gynac	15	20	30	30	60																																																																																								
05	Pediatrics	15	20	30	30	60																																																																																								
06	Medical ICU	05	05	10	10	15																																																																																								
07	Surgical ICU	05	05	10	10	15																																																																																								
08	PICU + NICU	05	05	05	10	15																																																																																								
09	ICCU + RICU	05	05	05	10	15																																																																																								
10	Burns Unit / ICU	05	05	05	10	10																																																																																								
11	Emergency	05	05	05	10	10																																																																																								
Total		150	200	250	300	500																																																																																								
d.	Student : Bed Ratio (Undergraduate) : 1:5 1:10	1:10	Adequate																																																																																											
e.	Average Bed Occupancy in % : 57.17%	59.6%																																																																																												
f.	Whether separate Registration room is available at OPD? f. Number of total patients registered in last Year : 559862 (New) + 407593 (Old) g. Number of New Patients registered on daily average : h. Number of Old patient registered on daily average : i. Average Number of patients attending OPD (current year) : j. Whether records of patient registration are well maintained :	Yes 890 1100 50960 Yes	Adequate																																																																																											
g.	Indoor Physiotherapy Department Areas as per Clinical Load and Intake : (as per M.S.R.) Clinical Load, Total Strength of Hospital Beds, Outdoor Physiotherapy Load per specialty, Indoor Physiotherapy Load per Specialty, Student : Patient ratio per specialty.	Yes	Adequate																																																																																											
h.	Outdoor Physiotherapy Department Areas as per Clinical Load and Intake : (as per M.S.R.)	Yes	Adequate																																																																																											
i.	Physiotherapy OPD Services (as per M.S.R.) : The hospital shall have functional physiotherapy department providing services on outpatient & in patient department at least since 12 Months prior application & shall maintain required OPD and IPD records for verification.	yes	Adequate																																																																																											
	<ul style="list-style-type: none"> As per Central Council Norms/ University Norms, above Infrastructure must be available at College. If Infrastructure is available, then mark "Adequate" & do not attach any documents. In case of "Inadequate", it must be mark as "Inadequate" with evidence. If attached Hospitals provide valid MOU 																																																																																													

PROFESSOR & HEAD
Physiotherapy School & Centre,
BYL Nair Ch. Hospital,
Mumbai Central, Mumbai-400 008.

Verified by The LIC Committee Members

Dean/ Principal Stamp & Signature
G. N. M. College & BYL Nair Ch. Hospital

Annexure VI

Annexure-VI

DETAILS OF EQUIPMENT AND INSTRUMENTS REQUIRED FOR PHYSIOTHERAPY LABORATORY AS PER MSR

Faculty: Physiotherapy

YEAR 2025-2026

Name of College: Physiotherapy School & Center, T.N. Medical College. College Code: 1103001

Equipment's required for laboratories (as per M.S.R.)

Sr.No.	Particulars to be verified	Details on College Website Yes/No	Adequate/Inadequate
01	Electrotherapy & Electrodiagnosis (as per M.S.R.): Cubicles with Separate Powerline (earthed), Hot Pack Unit (Machine), Hot Packs, Cold Pack Unit, Cold Packs, Paraffin Wax Bath (PWB), Open circuit Stimulator, Shortwave Diathermy - 500W, UVR Lamp (Floor Model), Ultrasound Unit, I.R. lamp, Whirlpool Bath (Desirable), Diagnostic Stimulators, TENS Unit, Interferential Current Therapy Unit (IFT), LASER Unit (Therapeutic) (Desirable), Cervical cum lumbar traction Units, Wall Mounted Cervical Traction Unit, Contrast Bath, Exam Couch, Two channeled EMG with IP analyzer, Biofeedback/multistimulator.	Yes/No	Adequate
02	Kinesiotherapy (as per M.S.R.): Cubicles, Parallel Bar with Mirror, Wall Bar (In metal Frame), Stair Case (Straight Type - 60CM Wide), Suspension App., Tilt Table (Manual), Ergocycle, Rowing Machine, Exam Couch, Exercise Mat, Dumbbells & Springs, Weight cuffs, Wedges, Sand Bags, Medicine Ball, Therabands, Swiss Ball (Physio Balls) 55cms, 65cms, 75cms, 85cms, Hand Dynamometer, Hand Evaluation Kit, Delorme's Boot with weight, Hand Exercise Unit, CPM Unit, Shoulder Wheel, Finger ladder, Skates, Skate Board, Axillary / Elbow Crutches, Walkers, Canes, Gutter Crutch, Wobble Board, Equilibrium Board Pediatric and Adult, Quadriceps Table, Ankle Exerciser, Bed Cycle, Ratchet, Wrist Roller/ Wrist Exerciser, Therapeutic Folded Wheel Chair, Pelvic Inclometers, B.P. Apparatus, Goniometer, Hammer, Yoga Mat.	Yes/No	Adequate

C. V. Verma
PROFESSOR & HEAD
 Physiotherapy School & Centre,
 T.N.M.C. & B.Y.L. Nair Ch. Hospital,
 Mumbai Central, Mumbai

[Signature]
 Dean/Principal Stamp & Signature
DRAN,
 T. N. M. College &
 B. Y. L. Nair Ch. Hospital

Maharashtra University of Health Sciences, Nashik

Physiotherapy Faculty

Name of College: .. PHYSIOTHERAPY SCHOOL & CENTER, TOPIWALA NATIONAL MEDICAL COLLEGE

College Code: 1103001 YEAR 2025 - 2026

(i) Teaching Staff:

Sr. No.	Name Of Department	Intake	Principal cum Professor			Professor			Associate Professor			Assistant Professor		
			Req.	Exist	Deficit	Req.	Exist	Deficit	Req.	Exist	Deficit	Req.	Exist	Deficit
1	Any Subject	Up to 10	01	01	--	N.A.			01	01	--	03	04	--
		Upto 11 to 40	01			N.A.			N.A.			N.A.		
		Upto 41 to 60	01			N.A.			N.A.			N.A.		
		Upto 61 to 100	01			N.A.			N.A.			N.A.		
2	Electrotherapy & Electrodiagnosis	Up to 10	N.A.			N.A.			N.A.			03		
		Upto 11 to 40	N.A.			N.A.			N.A.			02		
		Upto 41 to 60	N.A.			N.A.			01			02		
		Upto 61 to 100	N.A.			01*			01			N.A.		
3	Kinesiotherapy & Physical Diagnosis	Up to 10	N.A.			N.A.			N.A.			01		
		Upto 11 to 40	N.A.			N.A.			N.A.			02		
		Upto 41 to 60	N.A.			N.A.			01			02		
		Upto 61 to 100	N.A.			01*			01			03		
4	Physiotherapy in Musculoskeletal Sciences / Musculoskeletal Physiotherapy	Up to 10	N.A.			N.A.			N.A.			N.A.		
		Upto 11 to 40	N.A.			02**			01			01		
		Upto 41 to 60	N.A.			01			01			01		
		Upto 61 to 100	N.A.			01			02			03		
5	Physiotherapy in Neuro Sciences / Neuro Physiotherapy	Up to 10	N.A.			N.A.			N.A.			N.A.		
		Upto 11 to 40	N.A.			02**			01			01		
		Upto 41 to 60	N.A.			01			01			01		
		Upto 61 to 100	N.A.			01			02			03		
6	Physiotherapy in Cardiovascular Respiratory Sciences / Cardiovascular Respiratory Physiotherapy	Up to 10	N.A.			N.A.			N.A.			N.A.		
		Upto 11 to 40	N.A.			02**			01			01		
		Upto 41 to 60	N.A.			01			01			01		
		Upto 61 to 100	N.A.			01			02			03		
7	Physiotherapy in Community / Community Physiotherapy	Up to 10	N.A.			N.A.			N.A.			N.A.		
		Upto 11 to 40	N.A.			02**			01			01		
		Upto 41 to 60	N.A.			01			01			01		
		Upto 61 to 100	N.A.			01			02			03		
8	Sports Physiotherapy (For PG)	Up to 10	N.A.			N.A.			N.A.			N.A.		
		Upto 11 to 40	N.A.			N.A.			N.A.			N.A.		
		Upto 41 to 60	N.A.			N.A.			N.A.			N.A.		
		Upto 61 to 100	N.A.			N.A.			N.A.			N.A.		
TOTAL: 05		Up to 10	06											
TOTAL: 14		Upto 11 to 40												
TOTAL: 19		Upto 41 to 60												
TOTAL: 33		Upto 61 to 100												

Note: ** Required anyone from Electrotherapy & Electrodiagnosis or Kinesiotherapy & Physical Diagnosis subjects.

*** For Professor Cadre, Any Two out of 4 Clinical Subjects (Sr. No. 4 to 7) will be applicable as per approved

Pattern & Advertisement by the University. (Kindly verify from MUHS Advertisement)

Physiotherapy Sports Physiotherapy: Teaching Staff Shall be available with those Colleges who are conducting Sports

T.N.M.C. & B.Y.L. Nair Ch. Hospital, Mumbai-400 008.

Verified by The LIC Committee Members

Dean/ Principal Stamp & Signature

F. N. M. College &
G. V. L. Nair Ch. Hospital

MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK
 DETAIL INFORMATION OF UG APPROVED & PG RECOGNIZED TEACHING STAFF AS ON 30/01/2025

ANNEXURE VIII

Faculty : Allied Health Sciences (BPTH, MPTh)

Subject :

Whether UG : UG + PG

Name of the College : Physiotherapy School & Center, T.N. Medical College & B.Y.L.N.C.H, Mumbai
 College Code : 1103001

Intake Capacity : 10

Name of the Teaching staff	Designation	Ph.No. (Resi)	Mob No.	E-mail I.D.	Date of Birth	Adhar Card	Pan Card	Education	Date of Appointment	Whether belongs to Reserved Category (if so specify category)	Teaching Experience		Total teaching experience in years	No. of publications	Type of Appointment	Type of approved by University		Type of PG Recognition by University		Approved/Not Approved	Photograph with Signature
											UG yrs	PG yrs				Temp/Regular/Contractual	Temp/Regular	Letter No. & Dt.	Temp/Regular		
Dr. Chhaya V. Verma	Prof. & Head	27722496	9082797203	cvverma100@gmail.com	22/09/63	6970 1559 3642	AAKPV3 416B	Ph.D, MSC (P.T.) PGDHHM	9/7/91 (2/5/85 as Jr PT)	Open	34	25	34	65	Regular	Regular	MUHS/EG/611A/4868 dt 1/11/06	Regular	MUHS/PG/EG/PGTRC/187 dt 27/8/11	Approved	
Mrs. Bharati D. Asgaonkar	Assoc. Prof.	28727004	9987103028	bharatida1234@gmail.com	19/08/65	3392 8017 7219	AAEPA2 2600	MSC (P.T.)	13/03/1993 (04/04/87 as Jr PT)	Open	32	25	32	18	Regular	Regular	MUHS/E-6/611C/8346/2003 dt 2/12/03	Regular	MUHS/EG/PGT/846/2007 dt 5/3/07	Approved	

C.V. Verma
PROFESSOR & HEAD
 Physiotherapy School & Centre,
 T.N.M.C. & B.Y.L. Nair Ch. Hospital,
 Mumbai Central, Mumbai-400 008.

[Signature]
DEAN,
 T. N. M. College &
 B. Y. L. Nair Ch. Hospital

3	Mrs. Rachna D. Arora	Asstt. Prof.	28582858	7738095911	rachna2arora@gmail.com	20/08/72	4820 1481 3249	AACPT59 42N	MSC (P.T.)	1/1/2003 (05/02/95 as Jr PT)	Open	22	14	22	14 + 1 Chapter in Book	Regular	Regular	MUHS/E-6/611C/83 46/2003 dt 2/12/03	Regular	MUHS / E-6/PGT/81 /2008 dt 11/02/2008	Approved	
4	Mrs. Swati V. Kubal	Asstt. Prof.	25324094	8691948255	swatikubal@hotmail.com	10/10/69	5041 8185 4831	AUSPK0 044J	MSC (P.T.)	01/01/03 (01/12/91 as Jr PT)	Open	22	14	22	7	Regular	Regular	MUHS/E-6/611C/83 46/2003 dt 2/12/03	Regular	MUHS / E-6/PGT/56 /2008 dt 25/1/08	Approved	
5	Mrs. Hetal M. Mistry	Asstt. Prof.	29967779	9892971248	hetalmistry1975@yahoo.com	20/04/75	5711 9223 5175	AHWPP8 649K	MSC (P.T.)	5/11/03	SC	22	14	22	15	Regular	Regular	MUHS/E-6/2002/32 52 dt 3/8/04	Regular	MUHS / E-6/PGT/56 /2008 dt 25/1/08	Approved	
6	Mr. Hitav P. Someshwar	Asstt. Prof. (Contract Basis)	24075469	9545824363	hitav.s@outlook.com	24/11/94	587286767161	EYXPS93 81D	M.P.T.	3/1/2023, (15/06/21 as Jr PT)	Open	2	0	2	68	Contractual	Regular	NDN/EIC/OD/180 dt 02/01/23	NA	NA	Approved	

C.V. Verma
PROFESSOR & HEAD
 Physiotherapy School & Centre,
 T.N.M.C. & B.L.L. Nair Ch. Hospital,
 Mumbai Central, Mumbai-400 008.

[Signature]
DEAN,
 F. N. M. College &
 B. Y. L. Nair Ch. Hospital

Information of Part time/Guest Faculty

Name of the College - Physiotherapy School & Center, T.N. Medical College

Sr.No.	Name of the Teachers	Subject	Post	Signature
1	Dr. K. Shyamkishore	Anatomy	HOD & Prof.	<i>[Signature]</i>
2	Dr. Sumedh Sonavane	Anatomy	Asso. Prof.	<i>[Signature]</i>
3	Dr. Shobha Gaikwad	Anatomy	Asso. Prof.	<i>[Signature]</i>
4	Dr. Shubhangi Muzel	Anatomy	Asst. Prof.	<i>[Signature]</i>
5	Dr. Seema Bhanu Khorana	Physiology	Asso. Prof. (part time)	<i>[Signature]</i>
6	Dr. Pushpa Pagore	"	Prof. & head	<i>[Signature]</i>
7	Dr. Madhikar	"	Asso. Prof.	<i>[Signature]</i>
8	Dr. Sonale Pande	"	Asso. Prof.	<i>[Signature]</i>
9	Dr. Umesh Patkar	"	Asso. Prof.	<i>[Signature]</i>
10	Dr. Mahadeo Zalke	"	Asso. Prof.	<i>[Signature]</i>
11	Dr. Smite Galphade	"	Asst. Prof.	<i>[Signature]</i>
12	DR. BINA DIAS	BIOCHEMISTRY	PROFESSOR	Bina Dias
13	DR. SAHIN PATILKAR	BIOCHEMISTRY	Asso. Prof.	<i>[Signature]</i>
14	DR. AMIT BANAPATRA	BIOCHEMISTRY	Asso. Prof.	<i>[Signature]</i>
15	DR. SANJAY SWAMI	BIOCHEMISTRY	Asso. Prof.	<i>[Signature]</i>
16				
17				
18				
19				
20				

(Human Anatomy, Human Physiology, Biochemistry, Pathology, Microbiology, Pharmacology, Psychiatry including Psychology, Surgery-I, Surgery-II, Medicine-I, Medicine-II, Community Medicine & Sociology, Obstetrics & Gynecology, Dermatology subjects Teachers)

C.V. Verma

[Signature]
 Signature of Dean/Principal with Seal
 DEAN
 Topiwala National Medical College
 & B. Y. L. Nair Ch. Hospital
 Dr. A. L. Nair Road,
 Mumbai - 400 008.

Information of Part time / Guest Faculty

Name of the College - Physiotherapy School & Centre, TN Medical College, Mumbai

Sr. No.	Name of the Teachers	Subject	Post	Signature
	DR. NAYANA INGOLE	MICROBIOLOGY	ASSOC. PROF	
	DR. NISKAT KHAN	MICROBIOLOGY	ASSOC. PROF	
	DR. SWAPNA MALI	MICROBIOLOGY	ASSOC. PROF	
	DR. SACHIN AGRWAL	MICROBIOLOGY	ASSOC. PROF	
	DR. SANDHYA SAWANT	MICROBIOLOGY	ASSOC. PROF (ADDL)	
	DR. SNEHA PHULSUNGE	MICROBIOLOGY	ASSIST. PROF	
	DR. PRADNYA GAIKWAD	MICROBIOLOGY	ASSIST. PROF	
	DR. NIRJAR CHATTERJEE			
	DR. MITHIKA MARATHE	MICROBIOLOGY	ASSISTANT PROF	
	DR. JAINA SHAH	MICROBIOLOGY	ASST. PROF	
	Dr. Vikas S. Kanikwar	Pathology	Prof (ADDL)	
	Dr. Mayura Phulpagar	Pathology	Prof (ADDL)	
	Dr. Rishi Kedar	Pathology	Prof (ADDL)	
	Dr. Vinaya	Pathology	Asst. Prof	
	Dr. Suresh Chavhan	Patho	Asst. Prof	
	Dr. Varsha Dhume	Pathology	ASSOC. PROF	
	Dr. Rakesh Shedge	Pathology	ASSOC. PROF	
	Dr. Gayatri P Amolkar	Pathology	ASSOC. PROF	
	Dr. Shilpa Lad	Pathology	ASSOC. PROF	
	Dr. Sitloma Chamekter	Pathology	ASSOC. PROF	
	Dr. Heena Desai	Pathology	ASSOC. PROF	
	Dr. Mayura Kelkar	Pathology	ASSOC. PROF	
	Dr. Bharati Rajgopal	Pathology	ASSOC. PROF	
	Dr. Kashyap Mishra	Pathology	ASSOC. PROF	
	Dr. Vipul Jain	Pathology	ASSOC. PROF	
	Dr. Ashwini Kame	Pharmacology	ASSOC. PROF	
	Dr. Rajan Abhisekar	Pharmacology	PROF & HOD	
	Dr. Jitendra Hatwani	Pharmacology	ASSOC. PROF	
	Dr. Girish Joshi	Pharmacology	ADDL. PROF	
	Dr. Sandeep Bhole	Pharmacology	ASSOC. PROF	
	Dr. P. D. Shankar	Pharmacology	ADDL. PROF	
	Dr. Vibhava Venkatesh	Psychiatry	PROF	
	Dr. Hemal Shah	Psychiatry	ADDL. PROF	
	Dr. Jahnvi Kedare	Psychiatry	ADDL. PROF	
	Dr. Alka Subramanyam	Psychiatry	ASSOC. PROF	
	Manasi Joshi	Psychology	Clinical Psychologist	

(Human Anatomy, Human Physiology, Biochemistry, Pathology, Microbiology, Pharmacology, Psychiatry including Psychology, Surgery-I, Surgery-II, Medicine-I, Medicine-II, Community Medicine & Sociology, Obstetrics & Gynecology, Dermatology subjects Teachers)

C.V. Verma

DEAN
Topiwala National Medical College
& B. Y. L. Nair Ch. Hospital
Signature of Dean / Principal with Seal

TYBPM

Annexure-"X"

Information of Part time/Guest Faculty

Name of the College - Physiotherapy School & Center, T.N. Medical College

Sr.No.	Name of the Teachers	Subject	Post	Signature
1	Dr. JAYESH KAVISEAR	OPHTHO	Asst. Prof.	[Signature]
2	Dr. Arvind Arora	OPHTHO	Assoc. Prof.	[Signature]
3	Dr. Swatena Nadar	Neurology	Asst. Prof.	[Signature]
4	DR. PRANITA DHARMADHIKARI	COMMUNITY MED	Asst. Prof.	[Signature]
5	DR. VANITA BOKHE	COMM. MEDICINE	ASST. PROF.	[Signature]
6	DR VRINDA KULKARNI	GEN MEDICINE	PROFESSOR	[Signature]
7	Dr. Gosavi Santosh	Gen. medicine	prof (adad)	[Signature]
8	Dr. Uddhav Zambare	DERMATOLOGY	Asst. Prof.	[Signature]
9	Dr. Saloni Desai	DERMATOLOGY	Asst. Prof.	[Signature]
10	Mrs. Aarti Hastak (C.D.O)	Sociology	C.D.O.	[Signature]
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(Human Anatomy, Human Physiology, Biochemistry, Pathology, Microbiology, Pharmacology, Psychiatry including Psychology, Surgery-I, Surgery-II, Medicine-I, Medicine-II, Community Medicine & Sociology, Obstetrics & Gynecology, Dermatology subjects Teachers)

e.v. Verma

[Signature]

Signature of Dean/Principal with Seal
DEAN
 Topiwala National Medical College
 & S. Y. L. Mair Ch. Hospital
 Dr. A. L. Nair Road,
 Mumbai - 400 603.

Information of Part time/Guest Faculty

Name of the College - Physiotherapy School & Center, T.N. Medical College

Sr.No.	Name of the Teachers	Subject	Post	Signature
1	Dr. K. Shyam kishore	Anatomy	HOD & Prof.	
2	Dr. Sumedh Sonavane	Anatomy	Asso. Prof.	
3	Dr. Shobha Gaikwad	Anatomy	Asso. Prof.	
4	Dr. Shubhangi Mutal	Anatomy	Asst. Prof.	
5	Dr. Seema Bhanu Khoradia	Physiology	Asso. Prof. (Part time)	
6	Dr. Pushpa Pagore	"	Prof. & head	
7	Dr. Wadikar	"	Asso. Prof.	
8	Dr. Sonali Pande	"	Asso. Prof.	
9	Dr. Umesh Patkar	"	Asso. Prof.	
10	Dr. Mahadeo Zalke	"	Asso. Prof.	
11	Dr. Smriti Galphade	"	Asst. Prof.	
12	DR. BINA DIAS	BIOCHEMISTRY	PROFESSOR	Bina Dias
13	DR. GAJIN PATILKAR	BIOCHEMISTRY	ASSOC. PROF.	
14	DR. AMIT BANAPATRA	BIOCHEMISTRY	ASSOC. PROF.	
15	DR. SANJAY SWAMI	BIOCHEMISTRY	ASSOC. PROF.	
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(Human Anatomy, Human Physiology, Biochemistry, Pathology, Microbiology, Pharmacology, Psychiatry including Psychology, Surgery-I, Surgery-II, Medicine-I, Medicine-II, Community Medicine & Sociology, Obstetrics & Gynecology, Dermatology subjects Teachers)

C.V. Verma

Signature of Dean/Principal with Seal

DEAN

Triplicate National Medical College

& B. V. L. Nair Ch. Hospital

Dr. A. L. Nair Road,

Mumbai - 400 008.

Information of Part time / Guest Faculty

Name of the College - Physiotherapy School & Centre, TN Medical College, Mumbai

Sr. No.	Name of the Teachers	Subject	Post	Signature
	DR. NAYANA JADOLE	MICROBIOLOGY	ASST. PROF.	[Signature]
	DR. NISHAT KHAN	MICROBIOLOGY	ASST. PROF.	[Signature]
	DR. SWAPNA MALI	MICROBIOLOGY	ASST. PROF.	[Signature]
	DR. SACHIN PARANJAP	MICROBIOLOGY	ASST. PROF.	[Signature]
	DR. SANDHYA SAHANE	MICROBIOLOGY	ASST. PROF.	[Signature]
	DR. SNEHA DHULSUNGE	MICROBIOLOGY	ASST. PROF.	[Signature]
	DR. PRADNYA GAIKWAD	MICROBIOLOGY	ASST. PROF.	[Signature]
	DR. NIRTHAR CHATTERJEE			
	DR. MITIKA MARATHE	MICROBIOLOGY	ASST. PROF.	[Signature]
	DR. JAINA SHAH	MICROBIOLOGY	ASST. PROF.	[Signature]
	Dr. Vikas S. Karbhane	Pathology	Prof. (Addl.)	[Signature]
	Dr. Mayura Phulpagar	Pathology	Prof. (Addl.)	[Signature]
	Dr. Renu Kedar	Pathology	Prof. (Addl.)	[Signature]
	Dr. Viraya	Pathology	Lecturer	[Signature]
	Dr. Suresh Sankar	Pathology	Asst. Prof.	[Signature]
	Dr. Varsha Dhume	Pathology	Asst. Prof.	[Signature]
	Dr. Rakesh Shedge	Pathology	ASST. PROF.	[Signature]
	Dr. Gayatri P. Amarnik	Pathology	ASST. PROF.	[Signature]
	Dr. Shilpa Lad	Pathology	ASST. PROF.	[Signature]
	Dr. Shobha Chaudhary	Pathology	ASST. PROF.	[Signature]
	Dr. Heena Desai	Pathology	ASST. PROF.	[Signature]
	Dr. Mayura Kelkar	Pathology	ASST. PROF.	[Signature]
	Dr. Bharati Rajgopal	Pathology	ASST. PROF.	[Signature]
	Dr. Kashmi Mishra	Pathology	ASST. PROF.	[Signature]
	Dr. Vipul Jain	Pathology	ASST. PROF.	[Signature]
	Dr. Ashwini Konde	Pharmacology	ASST. PROF.	[Signature]
	Dr. Rajan Akrawar	Pharmacology	Prof. & HOD	[Signature]
	Dr. Jitendra Hatwani	Pharmacology	ASST. PROF.	[Signature]
	Dr. Girish Joshi	Pharmacology	ASST. PROF.	[Signature]
	Dr. Sanjeev Bhole	Pharmacology	ASST. PROF.	[Signature]
	Dr. P. D. Shankar	Pharmacology	ASST. PROF.	[Signature]
	Dr. Vrushna Naravane	Psychiatry	Prof.	[Signature]
	Dr. Hemal Shah	Psychiatry	ASST. PROF.	[Signature]
	Dr. Jahnvi Kedare	Psychiatry	ASST. PROF.	[Signature]
	Dr. Alka Kulkarni	Psychiatry	ASST. PROF.	[Signature]
	Manasi Joshi	Psychiatry	ASST. PROF.	[Signature]

(Human Anatomy, Human Physiology, Biochemistry, Pathology, Microbiology, Pharmacology, Psychiatry including Psychology, Surgery-I, Surgery-II, Medicine-I, Medicine-II, Community Medicine & Sociology, Obstetrics & Gynecology, Dermatology subjects Teachers)

[Signature]
DEAN
 Topiwala National Medical College
 & B. Y. L. Nair Ch. Hospital
 Signature of Dean / Principal with Seal

TYBPM

Annexure-"X"

Information of Part time/Guest Faculty

Name of the College - Physiotherapy School & Center, T.N. Medical College

Sr.No.	Name of the Teachers	Subject	Post	Signature
1	Dr. JAYESH KAVISEAR	OPHTHO	Asst. Prof.	[Signature]
2	Dr. Arvind Arora	OPHTHO	Assoc. Prof.	[Signature]
3	Dr. Swalena Nanda	Neurology	Asst. Prof.	[Signature]
4	DR. PRANITA DHARMADHIKARI	COMMUNITY MED	Asst. Prof.	[Signature]
5	DR. VANITA BOKDE	COMMUNITY MED	ASSIST. PROF.	[Signature]
6	DR. VRINDA KULKARNI	GEN. MEDICINE	PROFESSOR	[Signature]
7	Dr. Gosavi Santosh	Gen. Medicine	Prof (ad ad)	[Signature]
8	Dr. Uddhav Zambare	DERMATOLOGY	Asst. Prof.	[Signature]
9	Dr. Saloni Desai	DERMATOLOGY	Asst. Prof.	[Signature]
10	Mrs. Aarti Hastak (C.D.O)	Sociology	C.D.O.	[Signature]
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C.V. Varma

[Signature]

Signature of Dean/Principal with Seal

DEAN
 Topiwala National Medical College
 & B. Y. L. Nair Ch. Hospital
 Dr. A. L. Nair Road,
 Mumbai - 400 003.

Maharashtra University of Health Sciences, Nashik
Physiotherapy Faculty

Information of Non Teaching Staff Academic Year 2025 - 2026

Name of the College: PHYSIOTHERAPY SCHOOL & CENTER, TOPIWALA NATIONAL MEDICAL COLLEGE.

Total Non-Teaching Staff required upto 1 To 40 students Physiotherapy College

PA / Academic Clerk			Storekeeper/ Junior Clerk			Registration and data entry Operator			Peon			Lab Assistant			Account Clerk			Librarian			Sweeper		
Req	Ext	Def	Req	Ext	Def	Req	Ext	Def	Req	Ext	Def	Req	Ext	Def	Req	Ext	Def	Req	Ext	Def	Req	Ext	Def
01	01	--	01	01	--	01	01	--	02	02	--	02	02	--	01	01	--	01	01	--	01	01	--
TOTAL			01			01			02			02			01			01			01		

Req. - As per M.S.R. Ext. - Existing Def. - Deficiency

Total Non-Teaching Staff required upto 41 To 60 students Physiotherapy College

PA / Academic Clerk			Storekeeper/ Junior Clerk			Registration and data entry Operator			Peon			Lab Assistant			Account Clerk			Librarian			Sweeper		
Req	Ext	Def	Req	Ext	Def	Req	Ext	Def	Req	Ext	Def	Req	Ext	Def	Req	Ext	Def	Req	Ext	Def	Req	Ext	Def
02			01			01			02			04			01			02			02		
TOTAL																							

Req. - As per M.S.R. Ext. - Existing Def. - Deficiency

Total Non-Teaching Staff required upto 61 To 100 students Physiotherapy College

PA / Academic Clerk			Storekeeper/ Junior Clerk			Registration and data entry Operator			Peon			Lab Assistant			Account Clerk			Librarian			Sweeper		
Req	Ext	Def	Req	Ext	Def	Req	Ext	Def	Req	Ext	Def	Req	Ext	Def	Req	Ext	Def	Req	Ext	Def	Req	Ext	Def
03			02			01			03			04			02			03			02		
TOTAL																							

Req. - As per M.S.R. Ext. - Existing Def. - Deficiency

Dean/ Principal Stamp & Signature

E. N. M. College &
G. Y. L. Nair Ch. Hospital

PROFESSOR & HEAD
Verified by The LIC Committee Members
Physiotherapy School & Centre,
E. N. M. C. & G. Y. L. Nair Ch. Hospital,
Mumbai Central, Mumbai-400 008.

Maharashtra University of Health Sciences, Nashik

Physiotherapy Faculty

Inspection Committee Report for Academic Year 202 --- - 202---

Webinar / Workshop/ CME/ Activities/ Perform in Last One Year.

Name of the College / Institute:- PHYSIOTHERAPY SCHOOL & CENTER, TOPIWALA NATIONAL MEDICAL COLLEGE

Webinars Arranged, Guest Lectures & CME/ Workshops (Publish details on college website)

WORKSHOPS CONDUCTED

Sr. No.	Title of Workshops	Date
1	Vertigo by American Institute of Balance	23-10-2024
2	Physio led Strength Training by Dr Yuvraj Singh and Dr Pradnya Girdhar	24-10-2024
3	Basic Life Support Training Workshop conducted by Department of Anaesthesia as part of World Heart Day celebrations	24 Sep 2024

SEMINARS CONDUCTED

Sr.No	Title of Seminar	Date
1	Physiotherapy Rehabilitation in Lymphoedema	21-10-2024
2	Blood flow restriction Therapy	21-10-2024
3	Artificial Intelligence in Healthcare: Management and Research	22-10-2024
4	Pelvic Floor Physiotherapy by our Alumnus, Dr Darshana Naik	09-08-2024

Dean/ Principal Stamp & Signature

[Handwritten Signature]

DEAN,

**T. N. M. College &
B. Y. L. Nair Ch Hospital**

Verified by The LIC Committee Members

[Handwritten Signature]
PROFESSOR & HEAD
Physiotherapy School & Centre,
T.N.M.C. & B.Y.L. Nair Ch. Hospital,

PHYSIOTHERAPY SCHOOL & CENTRE
TN MEDICAL COLLEGE & BYL NAIR CH HOSPITAL

WORKSHOPS CONDUCTED

Sr. No.	Title of Workshops	Date
1	Vertigo by American Institute of Balance	23-10-2024
2	Physio led Strength Training by Dr Yuvraj Singh and Dr Pradnya Girdhar	24-10-2024
3	Basic Life Support Training Workshop conducted by Department of Anaesthesia as part of World Heart Day celebrations	24 Sep 2024

SEMINARS CONDUCTED

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3	Artificial Intelligence in Healthcare: Management and Research.	22-10-2024
4	Pelvic Floor Physiotherapy by our Alumnus, Dr Darshana Naik	09-08-2024

Annexure VII
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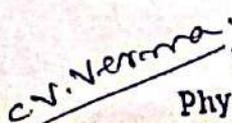
Maharashtra University of Health Sciences, Nashik
Physiotherapy Faculty
Inspection Committee Report for Academic Year 2025-2026
Attendance Details/ Research Details/ Welfare Scheme Details

Name of College/Institute **PHYSIOTHERAPY SCHOOL & CENTER, TOPIWALA NATIONAL MEDICAL COLLEGE**

1	Attendance	} Month-wise Biometric attendance to be uploaded by the college on College Website (No hard copies of attendance to be submitted to the University)
	Teaching Staff	
	Non teaching staff	
	Hospital Staff	
	UG & PG Students	
2	Project	List attached
	Research Articles/Publications	List attached
	Research Award (Student/Teacher)	List attached
3	Utilization of Student Welfare Schemes :-	
	Earn and Learn Scheme	No
	Dhanwantri Vidyadhan Scheme	No
	Sanjivani Student Safety Scheme	No
	Student Safety Scheme	No
	Book Bank Scheme	No
	Savitribai Phule Vidyadhan Scheme	No
Bahishal Shikshan Mandal Scheme	No	
4	Sport participants/Other Activities:	
	i) Information of Student(s) who participated University level & State level Avishkar Competition.	Attached
	ii) Information of Student(s) who participated in Regional Sport Competition & State level Sports Competition.	Attached
	iii) Information of Student(s) who participated in Cultural Activities.	Attached
	iv) Does the college have NSS Unit?	Yes
5	Whether "Swaccha Bharat Abhiyan" implemented in college	Yes

Verified by The LIC Committee Members


 Dean/ Principal Stamp & Signature
G. N. M. College & B. Y. L. Nair Ch. Hospital


PROFESSOR & HEAD
 Physiotherapy School & Centre,
 G. N. M. & B. Y. L. Nair Ch. Hospital,

ATTENDANCE

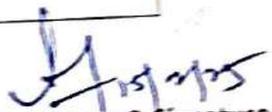
Maharashtra University of Health Sciences, Nashik
Physiotherapy Faculty
 Inspection Committee Report for Academic Year 2025-2026
 Attendance Details/ Research Details/ Welfare Scheme Detail

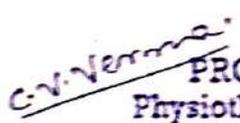
Annexure XII
 Activity file

Name of College/Institute **PHYSIOTHERAPY SCHOOL & CENTER, TOPIWALA NATIONAL MEDICAL COLLEGE**

1	Attendance	} Month-wise Biometric attendance to be uploaded by the college on College Website (No hard copies of attendance to be submitted to the University)
	Teaching Staff	
	Non teaching staff	
	Hospital Staff	
	UG & PG Students	
2	Project	List attached
	Research Articles/Publications	List attached
	Research Award (Student/Teacher)	List attached
3	Utilization of Student Welfare Schemes :-	
	Earn and Learn Scheme	No
	Dhanwantri Vidyadhan Scheme	No
	Sanjivani Student Safety Scheme	No
	Student Safety Scheme	No
	Book Bank Scheme	No
	Savitribai Phule Vidyadhan Scheme	No
Bahishal Shikshan Mandal Scheme	No	
4	Sport participants/Other Activities:	
	i) Information of Student(s) who participated University level & State level Avishkar Competition.	Attached
	ii) Information of Student(s) who participated in Regional Sport Competition & State level Sports Competition.	Attached
	iii) Information of Student(s) who participated in Cultural Activities.	Attached
	iv) Does the college have NSS Unit?	Yes
5	Whether "Swaccha Bharat Abhiyan" implemented in college	Yes

Verified by The LIC Committee Members


 Dean/ Principal **DEAN** & Signature
P. N. W. College & B.Y.L. Nair Ch. Hospital


PROFESSOR & HEAD
 Physiotherapy School & Centre,
 T.N.M.C. & B.Y.L. Nair Ch. Hospital,

ONGOING RESEARCH

Sr. No	Title of project	Guide	Year in which started	MPT / PhD
1	Assessment of Prevalence of Carpal Tunnel Syndrome among third trimester pregnant women visiting Antenatal Care Clinic of Obstetrics and Gynaecology OPD at government tertiary care hospital – A Cross-sectional Study	Dr Chhaya Verma (PT), PhD	2022	MPT
2	Study Of Strength And Endurance Of Handgrip And Quadriceps During Three Phases Of Menstrual Cycle In Healthy Young Females – An Observational Study	Dr Chhaya Verma (PT), PhD	2022	MPT
3	Effectiveness of Mulligan Taping Vs Sham Taping on Strength training of Quadriceps Muscle with respect to Strength, Function and Pain in Knee Osteoarthritis- An Experimental Study	Dr Bharati Asgaonkar	2022	MPT
4	Correlation of Pain Tolerance with Participant Predicted VS Therapist Estimated 1 RM in Normal Individuals.	Dr Bharati Asgaonkar	2022	MPT
5	Comparison of immediate effect of instrument assisted soft tissue mobilization versus muscle energy technique along with hot pack on pain and range of motion in Individuals with heel pain	Dr Swati Kubal	2022	MPT
6	Assessment and relationship of core endurance, Iliopsoas flexibility with navicular drop test in young adults with bilateral flexible flat feet	Dr Swati Kubal	2022	MPT
7	Comparison of respiratory muscle strength in chronic heart failure patients and age, gender matched healthy controls - A comparative study	Dr Rachna Arora	2022	MPT

8	Comparison of peripheral muscle strength and endurance in chronic heart failure patients and age, gender, body mass index matched healthy controls- a comparative study.	Dr Rachna Arora	2022	MPT
9	Correlation of daytime sleepiness with functional capacity and fatigue in obstructive sleep apnea patients.	Dr Hetal Mistry	2022	MPT
10	Correlation of daytime sleepiness with respiratory muscle strength and hand grip strength in obstructive sleep apnea patients	Dr Hetal Mistry	2022	MPT
11	Effect of pain neuroscience education on pain perception in adult individuals with chronic nonspecific low back pains	Dr Chhaya Verma (PT), PhD	2023	MPT
12	Role of knee cap (compression garments) on knee joint proprioception in patients with knee Osteoarthritis- An Analytical study	Dr Bharati Asgaonkar	2023	MPT
13	Comparison of Proprioception in the unaffected knee of patient with unilateral knee OA with Healthy, Age and Gender Matched Individual – An Observational Study	Dr Bharati Asgaonkar	2023	MPT
14	Relation of Deep Neck Flexor muscle endurance with static and dynamic balance in individuals with Non specific Chronic Neck Pain : An Observational study	Dr Swati Kubal	2023	MPT
15	Correlation of Hamstring Tightness with Foot Posture and Dynamic Balance in Young Adults – An Observational Study	Dr Swati Kubal	2023	MPT
16	Correlation of One Minute Sit to Stand Test with Six Minute Walk Test and Physical Activity in Individuals with Post-Tuberculosis Obstructive Airway Disease: A CrossSectional Study	Dr Rachna Arora	2023	MPT
17	Effects of Expiratory Muscle Training	Dr Rachna	2023	MPT

9	SwatiKubal, Shubham Jaiswal, Mahek Lokwani: The Relationship of Dynamic Balance with Foot Posture Index and Q Angle in Premenopausal Nursing Population: International Journal of Health Sciences and Research: 2024;14(3):157-165	2024
10	Swati Kubal, Akanksha Mohite, Mahek Lokwani. The relationship between core endurance and balance in premenopausal nursing population. International Journal of Pharmaceutical and Clinical Research;2024: 6(2),p87-92	2024
11	Divya Rajput, Swati Kubal. Study of Laterality Judgment and Tactile Acuity in Patients with Chronic Unilateral Shoulder Pain: A Cross-Sectional Study. International Journal of Health Sciences and Research; 2024:14(11):p248-254	2024

AWARDS

1	Dr Trusha Raje was awarded Gold Medal for ranking first in Masters in CardioRespiratory Physiotherapy in Winter 2022 Examinations in Maharashtra University of Health Sciences at Convocation ceremony on 24th February 2024
2	Dr Akanksha Keny was awarded 2nd prize for poster presentation in SMARt CON 2024conference held at Gurgaon on 24th & 25th August 2024
3	Dr Trusha Raje was awarded Gold Medal in Masters in Cardiovascular Physiotherapy in MUHS in Mumbai Branch IAR Awards Ceremony on 21st September 2024
4	Dr Nikita Singh was awarded Gold Medal in Masters in Cardiovascular Physiotherapy in MUHS in Mumbai Branch IAR Awards Ceremony on 21st September 2024
5	Dr Mrunali Janavlekar was awarded Silver Medal in Masters in Cardiovascular Physiotherapy in MUHS in Mumbai Branch IAR Awards Ceremony on 21st September 2024
6	Dr Hitav Someshwar, Assistant Professor, EIRCC, Physiotherapy Department, TNMC & BYL Nair Ch Hospital, was awarded the "Young Investigator Award" by the World Stroke Organization at the 16th World Stroke Congress at Abu Dhabi from 23rd-26th October 2024
7	Dr Dhruti Satra, Final MPT student was awarded first prize in postgraduate clinical Forum at "CLINOQUIUM 2024" organized by Sancheti Healthcare Academy, Pune on 13th July 2024
8	Mr Atharva Joshi, Final year Physiotherapy student, was awarded runner-up in undergraduate clinical Forum at "CLINOQUIUM 2024" organized by Sancheti Healthcare Academy, Pune on 13th July 2024

	on Peak Cough Flow, Respiratory Muscle Strength and Functional capacity in individuals with Chronic Obstructive Airway Disease: A Single Blinded Randomized Controlled Trial	Arora		
18	Correlation between functional capacity and respiratory muscle strength in adults with normal-weight obesity syndrome	Dr Hetal Mistry	2023	MPT
19	Comparison of functional capacity and dynapenia in diabetics and healthy adults – A comparative study	Dr Hetal Mistry	2023	MPT
20	Development of mind mapping training module & evaluation of it's impact on critical thinking and cognitive knowledge in final year Bachelor of Physiotherapy students	Dr Chhaya Verma (PT), PhD	2022	PhD
21	Development of a pragmatic model to predict the functional improvement, adherence, recurrence, & persistence in non-specific low back pain patients: A mixed method design	Dr Chhaya Verma (PT), PhD	2022	PhD
22	Development, Validation & Implementation of Pain Education module in patients with chronic kneeosteoarthritis: A mixed method study	Dr Chhaya Verma (PT), PhD	2024	PhD
23	Establishing translation, cross-cultural adaptation & psychometric testing of Marathi Start Back Screening tool in patients with non-specific low back pain	Dr Chhaya Verma (PT), PhD	2024	PhD
24	Self-directed learning approach in physiotherapy education: Comparing effectiveness of flipped classroom & didactic classroom teaching.	Dr Chhaya Verma (PT), PhD	2022	PhD
25	Problem based learning versus traditional didactic teaching on knowledge, satisfaction and retention of Physiotherapy Students	Dr Bharati Asgaonkar (PT)	2022	PhD

26	Prevalence of Pelvic floor dysfunction (PFD) among women of child bearing age at a desk job and effect of voluntary pre-contraction of pelvic floor on its function.	Dr Bharati Asgaonkar (PT)	2022	PhD
27	Impact of Aerobic Exercises on Mental Health of First Year Physiotherapy Students	Dr Bharati Asgaonkar (PT)	2024	PhD

PUBLICATIONS

Sr. No	Publications	Year
1	Chhaya Verma, Binita Baburaj, Madhura Patil: Test-Retest Reliability of Perceived Wellness Survey among Community dwelling Geriatric Population: An Observational study. Journal of Indian Academy of Geriatrics Oct-Dec 2024. 20(4):174-178	2024
2	Ashwini Dangi, Chhaya Verma: Development and Validation of a New Tool to assess Knowledge, Attitude and Practice of Mind Mapping among Physiotherapy Academicians. International Journal of Scientific Research. Jul 2024. 13 (7):9-13.	2024
3	Bharati Asgaonkar, Juwayriah Dalvi: Comparison between abdominal core muscle strength in males with and without frozen shoulder: A pilot study. International Journal of Science and Research Archive, 2024, 12(02), 031-039. https://doi.org/10.30574/ijrsra.2024.12.2.1133	2024
4	Bharati Asgaonkar, Nikita Singh. Comparison Of Obliques Muscles Strength Between Left And Right Side In Normal Young Adults Using Handheld Dynamometer - A Pilot Study. Indian Journal of Physiotherapy and Occupational Therapy 2024;18(1):22-28.	2024
5	Hetal M Mistry, Amar Damle, Jayshree Pandya: Correlation of Cancer Related Fatigue with Respiratory Muscle Strength in Breast Cancer patients undergoing Radiotherapy at Tertiary Health Care Centre. International Journal of Health Sciences and Research: Volume 14; Issue:5; May 2024	2024
6	Hetal M. Mistry, Mrunali G. Janavlekar, Jayashree S. Pandya. Changes in functional capacity, respiratory health status and quality of life in breast cancer patients undergoing radiotherapy at Tertiary Health Care Hospital. Int J Health Sci Res. 2024; 14(7):64-71.	2024
7	Nirmal Surya, Hitav Someshwar: Advancing neurorehabilitation through a family centeric approach, journal of rehabilitation research and practice, 2024, 5(1), 4-5	2024
8	Nirmal Surya, Hitav Someshwar: Advancing neurorehabilitation through a family centeric approach, journal of rehabilitation research and practice, 2024, 5(1), 4-5	2024

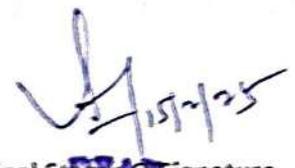
Maharashtra University of Health Sciences, Nashik
Physiotherapy Faculty
Inspection Committee Report for Academic Year 2025 – 2026
AISHE Certificate Details

Name of College/Institute: PHYSIOTHERAPY SCHOOL & CENTER, TOPIWALA NATIONAL MEDICAL COLLEGE

College / Institute Code of AISHE: 13881

Certificate Date with reference No. C-13881-2022

The Certificate details to be verified on the College web site



Dean/ Principal Signature
E. N. M. College &
B. Y. L. Nair Ch. Hospital

Verified by The LIC Committee Members

C.V. Verma

PROFESSOR & HEAD
Physiotherapy School & Centre,
T.N.M.C. & B.Y.L. Nair Ch. Hospital
Mumbai Central, Mumbai-400 006.

Annexure XIII

Annexure-III

Maharashtra University of Health Sciences, Nashik
Physiotherapy Faculty
Inspection Committee Report for Academic Year 2025 - 2026
AISHE Certificate Details

Name of College/Institute: PHYSIOTHERAPY SCHOOL & CENTER, TOPIWALA NATIONAL MEDICAL

COLLEGE

College / Institute Code of AISHE: 13881

Certificate Date with reference No. C-13881-2022

The Certificate details to be verified on the College web site



DEAN
Dean/Principal Name & Signature
S. P. L. Nair Ch. Hospital

Verified by The LIC Committee Members

CV Vanna

PROFESSOR & HEAD
Physiotherapy School & Centre,
T.N.M.C. & S.E.L. Nair Ch. Hospital,
Mumbai Central, Mumbai-400 003.



सत्यमेव जयते
Government of India

Ministry of Education

Department of Higher Education

Statistics Division

New Delhi

Certificate



Reference No. C-13881-2023

This is to certify that RAJAN PURUSHOTTAM NERURKAR of Topiwala National Medical College, Mumbai Central, Mumbai (C-13881) has successfully submitted the data of All India Survey on Higher Education(AISHE) for the survey year 2023-2024.

(Ms. Navanita Gogoi)

Deputy Director General

Dated: 15/02/2025



महाराष्ट्र MAHARASHTRA

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प्रधान मुद्रांक कार्यालय, मुंबई
प.मु.वि.क्र ८००००९०
14 JAN 2025
सक्षम अधिकारी

श्री. जे. पी. वाईकर

ANNEXURE-XVII

DECLARATION

I, the Dean / Director/ Principal of the Topiwala National Medical College / Institute solemnly states on affirmation, that the information provided by me in Inspection Format as well as uploaded on College Website along with all Annexures is true and correct to the best of my knowledge. The said information is provided to me by the concerned teachers and duly verified by me. It is further submitted the teachers information attached in respective Annexure-VIII are not working in / at any other College /Institute or presented themselves at any inspection for the Academic Year 2025-2026, as per my knowledge and information provided by the concerned teachers. The teachers in the Annexure- VIII are staying in the same city / town / village where the College / Institute is situated or adjacent to the city / town / village, where the College/Institute is situated and having the valid proof of residence of the said city / town / village. The teachers in the Annexure-VIII are not practicing in College working hours or out-side the City where the College /Institute is situated.

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I am further hereby declare that every information or contents in this Inspection Format is based on the information provided by the concerned teachers and endorsed by me after due verification and the same is/are absolutely true and correct. If at any stage it is revealed that any information or content given in this declaration is not true and correct, in such event the undersigned/ the concerned teacher as the case may be, shall be liable for disciplinary action or penal action or Affiliation of the College shall be withdrawal, as the case may be.

This declaration is voluntarily signed by me on 8th day of February 2025 at Mumbai.

Date: 08/02/2025

Place: Mumbai



Signature of Dean/Principal

Name of the Signatory- DR SHAILESH MOHITE

(with Seal of the College/Institute)